

Pollinators and Plates

Pollinators help us have healthy food to eat.

Pollinators eat the pollen or nectar found in flowers. While they eat they move pollen from one flower to another.

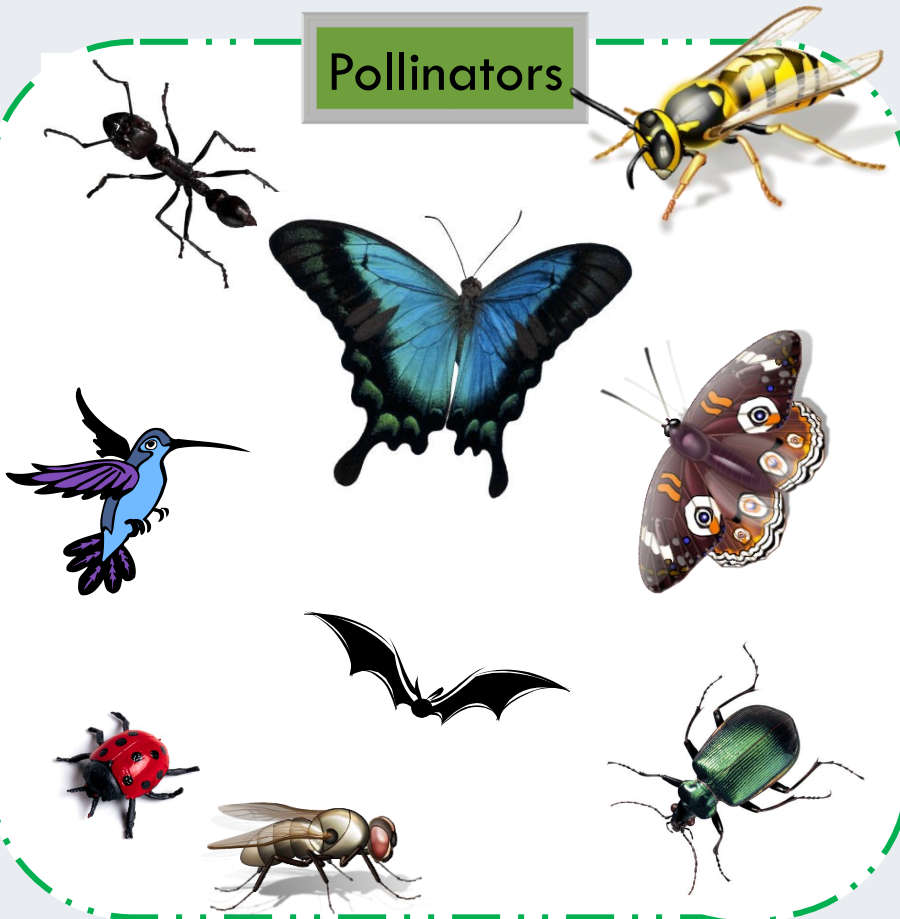
Flowers use the pollen to make seeds. Seeds grow into plants and give us good food to eat.

Pollinators help us have food on our plates!

☐ Circle the pollinators you see sometimes in your neighborhood.

☐ Circle the foods you like to eat.

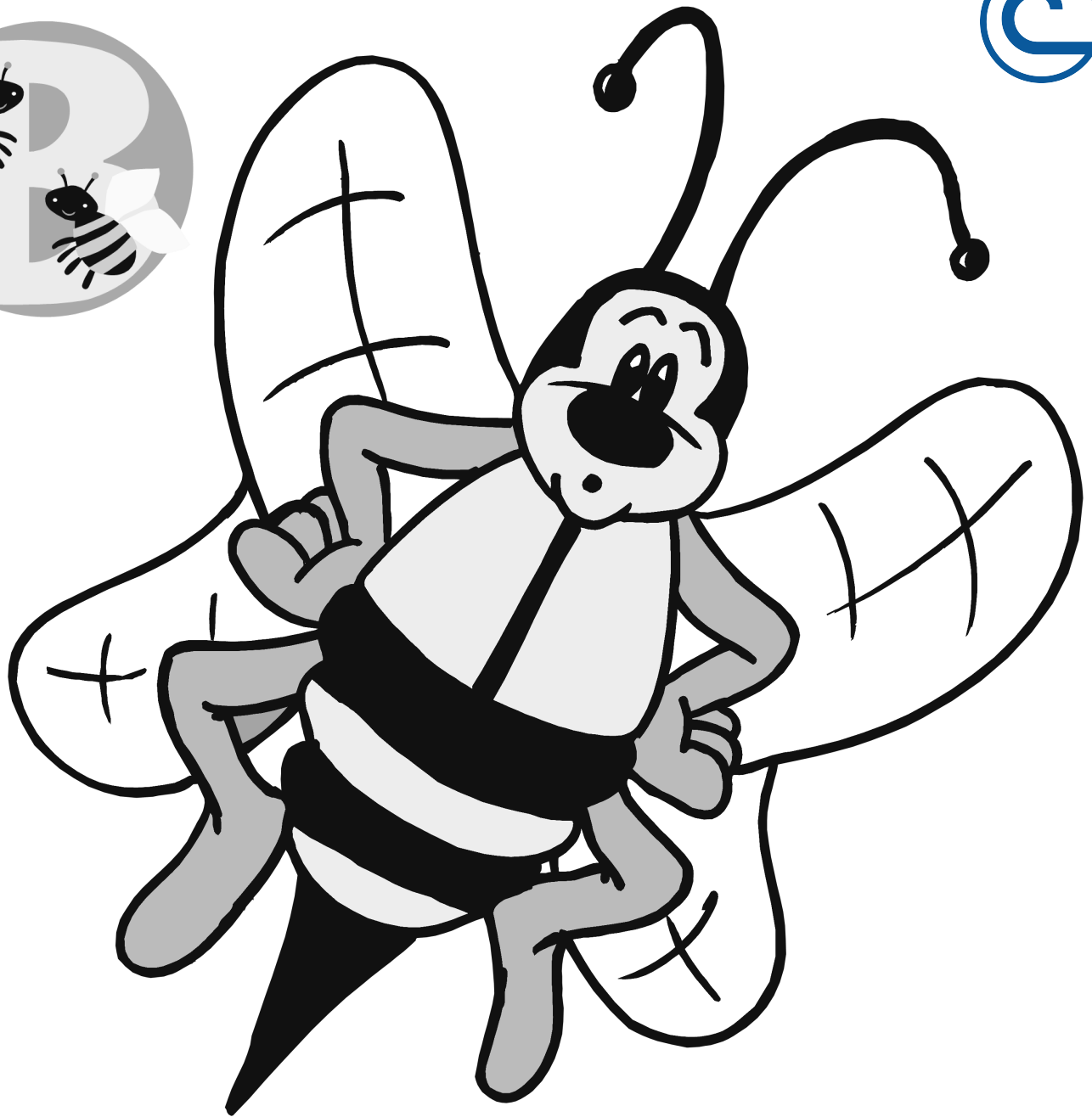
Pollinators



Food for our plates!



Name _____



Bees are pollinators. They help us have good food to eat. •Color the bee. •Circle the fruits below that you like to eat. •Trace the name of the fruit. Bees help us have these fruits.



apple



pear



grape